

Indiana First Steps Early Intervention System

EXIT SUMMARY

State Form 51310(4-03)BCD0087

Child and Family First Steps ID Number:
County of Residence:
Service Coordinator Name/Phone:
Date:
This survey is used to find out how First Steps services have helped children and families. It is a checklist to record what the child and family knows and can do as a result of First Steps. It is an assessment of how effective First Steps has been, NOT an assessment of child or family progress!
The service coordinator will work with the family and service providers who are on that family's team to complete this survey. The service coordinator will work with all service providers on the team to complete Section 1: Child Learning and Development. The service coordinator will meet with the family to complete Section 2: The Family; and Section 3: Child, Home, and Community.
This survey must be completed just before the family's transition from the First Steps Early Intervention System. It is strongly recommended that it be completed during the last face-to-face meeting the Service Coordinator has with the family. This survey can and should be used as part of an "exit interview" with the family. It can be used to review the progress that has been made during the child and family's time in First Steps.
This information is confidential. It will not be shared with any other program. It will only be used to help the First Steps Early Intervention System do a better job for future children and families.
Have you moved since you started in First Steps? ☐ No
Yes (If you checked this box, please fill out the next line.) Original First Steps ID number:
If there is a medical diagnosis, please list here:
Parent or Caregiver Signature Date
Service Coordinators Only Unable to complete Exit Summary (please document attempts to schedule exit meeting with family)

SECTION 1: CHILD DEVELOPMENT

An important outcome of First Steps is for **children to learn important and essential developmental skills**. The questions in this section provide a summary of the child's development and learning. Professionals who assessed the child and have accurate information about the child's development should complete this section. Please respond to all questions as accurately as possible.

 What is the child's current level of development? Please check the box indicating the child's developmental age in months for each area. If the child is delayed in an area, please check if specialized services after First Steps are still needed and recommended.

			Specialized Services After					
	1-3	3-6	7-12	13-18	19-24	25-30	31-36	First Steps
Developmental Area	mos.	mos.	mos.	mos.	mos.	mos.	mos.	Recommended?
1.1. COGNITIVE								
1.2. PHYSICAL DEV. 1								
1.3. COMMUNICATION								
1.4. SOCIAL/EMOTIONAL								
1.5. ADAPTIVE/SELF HELF	P 🗌							

2. How was the child's current level of development determined? For each developmental area, please check the box that best indicates how the child's developmental level (up above) was determined.

Developmental Area 2.1. COGNITIVE	Structured Observation	State-approved Assessment ²	Other Assessment ³	Parent Report
2.2. PHYSICAL DEVELOPMENT ¹				
2.3. COMMUNICATION				
2.4. SOCIAL/EMOTIONAL				
2.5. ADAPTIVE/SELF HELP				

¹ Physical Development is defined as motor skills, vision and hearing.

² State Approved Assessments: Developmental Programming for Infants and Young Children, Hawaii Early Learning Profile, The Carolina Curriculum for Infants and Toddlers with Special Needs, 2nd ed., and the Assessment, Evaluation, and Programming System for Infants and Children

³ Other assessments include the assessment tools used by physical, occupational, speech and language, and other therapists other than the Developmental Therapist

Gross Motor Skills: to sit Social-Emotional Skills: With up, move around, and play to develop positive social With physical games Help relationships Help No Yes No Yes Holds head steady Responds to adult Rolls over interaction Tries to attract adult attention with movement or Crawls on hands and knees vocalizations Plays by self with toys for a Pulls to standing Walks short time (10-15 min) Initiates and maintains Goes up and down stairs positive social games with Walks while carrying toys peers and adults Shares with peers Fine Motor Skills: to use Solves problems in arms and hands to reach, interactions with others grasp and play with objects With and tovs Yes No Help **Cognitive & Learning** Reaches toward person or Skills: to gain knowledge With object and solve problems No Help Yes Grasps large objects Responds to sensory Grasps small objects stimuli (noise, light, touch) Marks on paper with П Imitates pat-a-cake or other crayon, marker, etc. familiar games Unfastens clothing Looks for toys in familiar Plays with toys/objects in a places coordinated manner Plays simple imaginary Communication Skills: to Can tell what happened or understand others, to With Help what was said earlier express their own thoughts No Yes Recognizes name in print Looks toward face or sound П Smiles Adaptive Skills: to feed, Babbles (uses no words yet) bathe, dress, and toilet him With Uses gestures to No Yes or herself. Help communicate Eats from bottle or breast Understands "no" + name Cooperates in washing at Uses words to make bath time requests Cooperates in dressing Understands simple Removes clothing directions Uses utensils to feed self Uses simple sentences Indicates need for toileting Starts or continues conversations

3. What important developmental skills is the child currently performing? This is a list of functional developmental milestones. Please indicate if the child is able to perform each of the following skills. Please check "Yes" if he or she can perform the skill without help, "With Help" if he or she needs

assistance, or "No" if your child cannot perform the skill.

SECTION 2: THE FAMILY

A number of important outcomes focus on the child's family. They include helping the family to:

- · work with the First Steps team to support their child's development;
- · know their rights and be strong advocates for their child and family;
- · keep their child and other family members safe and healthy; and
- · connect to other families and community associations in times of emotional need.

The questions in this section provide a summary of the information and skills the family may have gained during the time their child was in First Steps.

	Enhancing my child's learning and development. As I leave First Steps	Yes, most of the time	Some of the time	No, not often
4.1.	I am comfortable knowing how to support my			
	child's learning and development in the areas of:			
	a. COMMUNICATION Skills- to understand others,			
	to express his or her own thoughts, and to carry			
	on simple conversations			
	b. COGNITIVE Skills- to gain new knowledge, to			
	solve problems		<u></u>	
	c. GROSS MOTOR Skills- to sit up, move around,			
	and to play physical games			
	d. FINE MOTOR Skills- to reach, grasp or hold,			
	and play with toys and objects			
	e. SOCIAL/EMOTIONAL Skills- to develop positive			
	social relationships			
	f. ADAPTIVE Skills- to feed, dress, bathe, and			
	toilet him or herself			
4.2.	I understand my child's special needs and how			
	they affect his or her development.			
4.3.	I know what toys and books are good for my child			
	at his/her age.			
4.4.	I know how to handle temper tantrums or other			
4 =	behaviors that upset me.			
4.5.	I know how to toilet train my child.	<u> </u>	<u>-</u>	<u></u>
	I know how to play and talk with my child.	<u>L</u>		Ц
4.7.	I know how to help my child develop good sleeping			
4.0	habits.			
4.8.	I know how to provide opportunities for my child to			
	play with other children.			_

5. Supporting my child's health, safety, and nutrition. As I leave First Steps	Yes	No
5.1. My child sees a doctor regularly for checkups or when he or		
she is sick.		Ш
5.2. I know when my child needs his or her immunizations (shots)		
5.3. My child is all caught up on his or her immunizations (shots)		
5.4. My family has adequate health insurance coverage.		
5.5. I know what to feed my child so that he or she has well-balanced meals.		
5.6. My child eats well and has a balanced diet.		
5.7. I know about the recommended common household safety measures.		
5.8. I know about the following programs that can help me to keep		
my child safe and healthy:		
a. WIC (Women, Infants, and Children)		
b. Medicare and SSI (Supplemental Security Income)		
c. Hoosier Healthwise		
d. CSHCS (Children's Special Health Care Services)		
6. Knowing what I can do as a member of the First Steps Team. As I leave First Steps	Yes	No
6.1. I know about and understand the purpose of the evaluation		
and ongoing assessment of my child and family		<u> </u>
6.2. I know that I can share information about my child and family	П	
as part of the assessment		
6.3. I did share information about my child and family as part of the last assessment		
6.4. I know about and understand the purpose of the Individual		
Family Service Plan (IFSP) and the meetings to develop		
them.		
6.5. I know that I can share what I think are important outcomes and services for the IFSP.		
6.6. I know that I can agree or disagree with the		
recommendations made by other members of the team. 6.7. At the last IFSP meeting, I shared my outcomes for what I		
wanted to happen		
wanted to happen 6.8. At the last IFSP meeting, I expressed my agreement with the		
6.8. At the last IFSP meeting, I expressed my agreement with the recommendations made by the team		
6.8. At the last IFSP meeting, I expressed my agreement with the recommendations made by the team6.9. At the last IFSP meeting, I expressed my disagreement with		
 6.8. At the last IFSP meeting, I expressed my agreement with the recommendations made by the team 6.9. At the last IFSP meeting, I expressed my disagreement with the recommendations made by the team 6.10. I know that there are things I can do at home to carry out the 		
6.8. At the last IFSP meeting, I expressed my agreement with the recommendations made by the team6.9. At the last IFSP meeting, I expressed my disagreement with the recommendations made by the team		

7. Knowing my rights and how to be a strong advoc		Yes		No	
7.1. I know about and understand my rights under First]		
7.2. I know I can advocate for my child and family in a r	number of				
ways, including:					
 a. sharing my concerns, needs, and priorities]		
b. choosing the services and providers I feel we no	eed]		
 c. adding, changing, or stopping services or provice 	ders]		
d. refusing permission for services or activities					
7.3. If I disagree with my service providers, I know how	to work		1		
together with them to find a solution.]		
7.4. In the past 3 months, I have disagreed with at leas	t one of		1		
my child and family's service providers			J	Ц	
7.5. If there was a disagreement, I felt that I was able to	o work		1		
together with my provider to solve the problem			I	Ш	
8. Connecting with other families, associations, and	d Yes, mo		Some		
community organizations for information and support. As I leave First Steps	d Yes, mo	(Some of the time	Not often	
community organizations for information and support. As I leave First Steps 8.1. I have information and resources to meet my	of	(of the		
community organizations for information and support. As I leave First Steps 8.1. I have information and resources to meet my family's:	of	(of the		
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community organizations for information and support. As I leave First Steps 8.1. I have information and resources to meet my family's: a. transportation needs b. housing needs	of	(of the		
community organizations for information and support. As I leave First Steps 8.1. I have information and resources to meet my family's: a. transportation needs b. housing needs c. job needs	of	(of the		
community organizations for information and support. As I leave First Steps 8.1. I have information and resources to meet my family's: a. transportation needs b. housing needs c. job needs d. education needs	of	(of the		
community organizations for information and support. As I leave First Steps 8.1. I have information and resources to meet my family's: a. transportation needs b. housing needs c. job needs d. education needs 8.2. When I need information or emotional support, I	of	(of the		
community organizations for information and support. As I leave First Steps 8.1. I have information and resources to meet my family's: a. transportation needs b. housing needs c. job needs d. education needs 8.2. When I need information or emotional support, I know I can contact:	of	(of the		
community organizations for information and support. As I leave First Steps 8.1. I have information and resources to meet my family's: a. transportation needs b. housing needs c. job needs d. education needs 8.2. When I need information or emotional support, I know I can contact: a. friends or other family members	of	(of the		
community organizations for information and support. As I leave First Steps 8.1. I have information and resources to meet my family's: a. transportation needs b. housing needs c. job needs d. education needs 8.2. When I need information or emotional support, I know I can contact: a. friends or other family members b. respite care (child care) services	of	(of the		
community organizations for information and support. As I leave First Steps 8.1. I have information and resources to meet my family's: a. transportation needs b. housing needs c. job needs d. education needs 8.2. When I need information or emotional support, I know I can contact: a. friends or other family members b. respite care (child care) services c. other families with children who have special	of	(of the		
community organizations for information and support. As I leave First Steps 8.1. I have information and resources to meet my family's: a. transportation needs b. housing needs c. job needs d. education needs 8.2. When I need information or emotional support, I know I can contact: a. friends or other family members b. respite care (child care) services c. other families with children who have special needs	of	(of the		
community organizations for information and support. As I leave First Steps 8.1. I have information and resources to meet my family's: a. transportation needs b. housing needs c. job needs d. education needs 8.2. When I need information or emotional support, I know I can contact: a. friends or other family members b. respite care (child care) services c. other families with children who have special needs d. family support groups and associations	of	(of the		
community organizations for information and support. As I leave First Steps 8.1. I have information and resources to meet my family's: a. transportation needs b. housing needs c. job needs d. education needs 8.2. When I need information or emotional support, I know I can contact: a. friends or other family members b. respite care (child care) services c. other families with children who have special needs d. family support groups and associations e. formal community agencies	of	(of the		
community organizations for information and support. As I leave First Steps 8.1. I have information and resources to meet my family's: a. transportation needs b. housing needs c. job needs d. education needs 8.2. When I need information or emotional support, I know I can contact: a. friends or other family members b. respite care (child care) services c. other families with children who have special needs d. family support groups and associations	of the tim	(of the		

SECTION 3: CHILD, HOME, AND COMMUNITY

A second important outcome of First Steps is for **children to participate and be fully included in everyday activities**, **settings**, **and routines in the home and community**. The questions in this section provide a summary of the child's participation in home and community settings.

9. My child is able to complete the following	1	No,	Yes,	but '	Yes, without	
routines successfully:	not	at all	with		help	
9.1. Getting up in the morning						
9.2. Dressing and undressing						
9.3. Meal times						
9.4. Inside play times						
9.5. Outside play times	 [
9.6. Getting along with siblings and peers	<u>-</u>	<u> </u>				
9.7. Participating in family games and activities						
9.8. Nap times]		_	<u> </u>		
9.9. Toileting times		-				
9.10. Getting ready to go/leaving home						
9.11. Going to bed in the evening	<u>-</u>					
9.12. Other (please list important home routines):	 		<u>-</u>			
				l		
	We				Check if	
10. In the past 2 weeks, my child has gone with	don't		Yes, a	t Yes,	all this	
my family to the following community	go		least '	l of th	e is still	
activities or settings:	there	No	time	time	e difficult	
10.1. Grocery shopping						
10.2. Shopping, but not for groceries						
10.3. Visiting relatives, friends, or neighbors						
10.4. Going out to eat						
10.5. Attending church/temple/religious services						
10.6. Toddler play groups						
10.7. Family day care home						
10.8. Child care center						
10.9. Child care center for children with special needs						
10.10. Head Start						
10.11. Community activities with other children (e.g.,						
library, YMCA)	_		_	_		
10.12. Mother's day out						
10.13. Go with family member to a community event						
10.14. Other (please list other community settings):						
, , ,	_	_	_	_	_	
11. In the past month, I have had the following experi	iences	N	ot		Not	
with child care and other community programs:		Appli	cable	No \	es Sure	
11.1. Child care program provides safe and healthy care	Э]			
11.2. Child care program meets my child's individual ne	eds	Г	7			
11.3. Community activities and programs for young child			-			
(e.g., YMCA, library reading programs, swimming)		Г	٦			
welcomed and included my child	TIUVC	L	_			
11.4. Community activities and program for young childr	ren have					
annronriately involved my child	SII Have					

SECTION 4: LEAVING FIRST STEPS

Another important outcome of First Steps is for **children and families have successful transitions out of First Steps and into appropriate community programs and services**. The questions in this section provide a picture of how well the transition process happened for you and your family.

12. Why are your child and family transitioning out of First Steps? (Please ched	ck one)	
Our child no longer needs First Steps services.		
☐ We have decided to find services elsewhere.		
☐ Our child is three years old.		
13. Have you had a planning meeting for your child's transition out of First Steps'	?	
Yes, 90 days or more before the third birthday (or the date your child leave		
Yes, less than 90 days before the third birthday (or the date your child lea	ives First S	Steps).
□ No.		
14. IF your child is turning 3 years of age AND you answered "No" to question 13	, why did t	his
meeting NOT happen? (skip this question if your child is not turning 3)		
My child did not become involved in First Steps until after that date had p	assed.	
I chose to wait until closer to my child's third birthday		
I did not know about it.		
I chose not to have a transition meeting.		
15. As your child and family leave First Steps, what choices have you made for		
your child? Check all that apply.	Yes	No
15.1 My child will continue to attend the community child care or preschool he/she		
has been attending up to this point.		<u></u>
15.2 My child will get therapy from a hospital, clinic or private therapist.		
15.3 My child will attend a Head Start program.		
15.4 (If you checked "Yes" to any of the choices above) A representative from that		
program did attend our 90-day transition meeting		
15.5 My child will be enrolled in the public school's Early Childhood Special		
Education program (if turning 3 years old).		
15.6 My child will attend a community child care or preschool and receive therapy		
from the school system.		
15.7 My child will continue to stay at home with my family.		<u> </u>
15.8 First Steps has provided the information I need to make these choices.		
If you checked "yes" for numbers 15.5 or 15.6, please answer this last section.		
16. IF your child will be enrolled in the public school's Early Childhood Special		
Education program, did the following happen?	Yes	No
16.1 The school district was notified about our child during his/her 18 th month.	_	
		<u> </u>
16.2 The school district was given more information about our child during his/her 30 th month.	Ш	Ш
16.3 The school district was invited to our 90 day transition meeting.		
16.4 The school sent a representative to the 90 day transition meeting.	<u></u>	<u> </u>
16.5 An evaluation has been done or is scheduled. (Date of evaluation)	<u></u>	
16.5 An evaluation has been done or is scheduled. (Date of evaluation)	<u></u>	<u> </u>
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